

The Role of a Confirmation Sponsor

Your sponsor must be present at your Confirmation Mass on Sunday, November 7, 2021 at 4pm. During the Mass, your sponsor will stand behind you with one hand on your shoulder as the Bishop confirms you.

They should also devote time to meet with you prior to the big day. During these times you might discuss what you are learning about your faith, ask questions, and listen to their guidance.

Your sponsor can download the free Decision Point app from Dynamic Catholic to follow along with what you are learning in class. The videos, workbook, and leader's guide are all available for them to review and discuss with you.

Sponsors will need to complete the Sponsor Affirmation Form and return it to the office at Blessed Sacrament no later than October 15, 2021

Guidelines for Sponsors

Your sponsor must be:

- at least 16 years of age
- a Confirmed Catholic
- living in accordance with the Catholic faith
- not one of your parents

Sponsor Affirmation Forms

We ask all sponsors to complete the attached Sponsor Affirmation Form and return it to the office at Blessed Sacrament by October 15.

Sponsors who are not active members of Blessed Sacrament are asked to have their form signed by their own pastor and the parish seal affixed.

Selecting Your Sponsor

Look first to one of your Baptismal godparents. Because of the connection between the sacraments of Baptism and Confirmation, the Church encourages you to invite your godmother or godfather to be your Confirmation sponsor.

“It is desirable that the one who undertook the role of sponsor (godparent) at Baptism be your sponsor at Confirmation” (Code of Canon Law, Canon 893).

If you do not select one of your godparents, consider someone else in your life who lives in harmony with the Catholic Church. You are looking for a person who is:

- faithful to Sunday Mass and to the reception of the sacraments.
- a living witness to the Catholic faith.
- a person of prayer. He or she has spoken about or indicated an understanding of the importance of prayer.
- aware of a Christian’s responsibility to follow Jesus in service of others. Someone who donates time or money to help the poor, works with youth, visits the homebound, helps out at the local food pantry, or does other forms of service.
- honest. A person of integrity who is willing to speak up and stand up for what is right even in the face of opposition. A person who encourages you to do the same.
- someone you know well and who knows you well. Someone with whom you will have an on-going relationship.

Did you recognize anyone in the description above? Think about the people in your life: aunts, uncles, older sisters or brothers, a parent of a friend, a neighbor, or a teacher at school. It is a huge privilege to be asked to be a Confirmation sponsor. The person you choose should recognize this and take it seriously. He/she should be your prayer partner and mentor in faith long after the oil of Confirmation has gone from your forehead.

If you are having trouble selecting someone to be your sponsor, ask yourself these questions:

- Who do I look to as a model in my faith?
- Who challenges me to become the man/woman that God created me to be?
- Who has been a constant support in my faith over the years, and who do I see supporting me for the rest of my life?
- Who has the time to dedicate to helping me grow to love the Lord more during this time of preparation as well as after my Confirmation?
- Who has influenced me to want to be an active part of the Catholic Church?

Think about it, pray about it, and discuss it as a family.

Conversations to Have with Your Sponsor

Spending time with your sponsor in preparation for your Confirmation will likely strengthen your connection to them, increase your trust, and help you grow in your mature faith life. Getting that conversation started can be tricky sometimes, so here are some conversation starters to help you along the way:

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